

Youth Services

Be Yourself



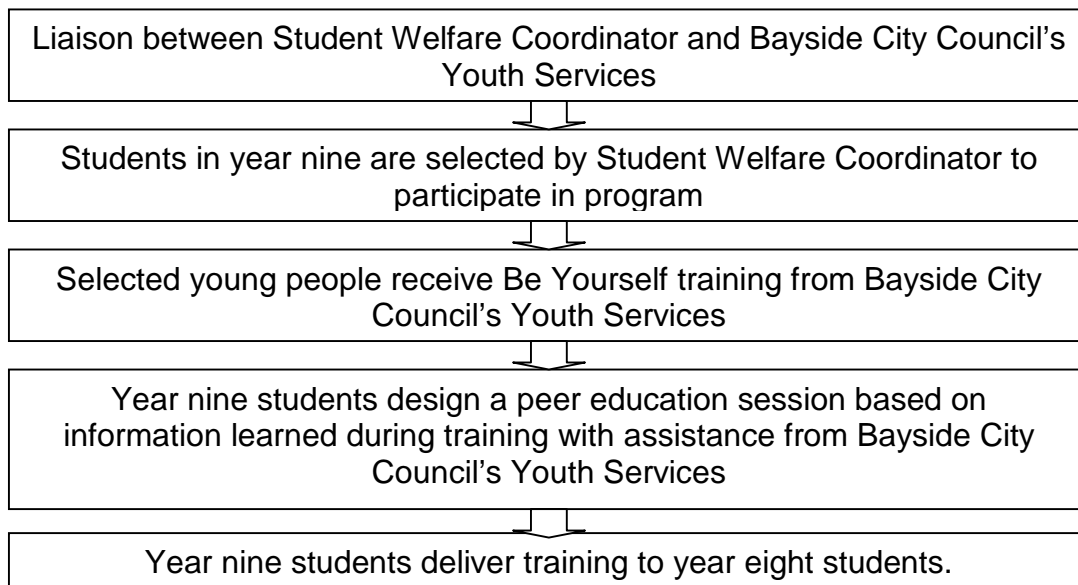
What's it all about?

Be Yourself is a peer education program designed to promote positive lifestyles. The program focuses on three important factors in a young person's life: body, mind and social relationships.

Who can get involved?

Be Yourself will be run in schools in partnership with the Student Welfare Coordinator. This program is targeted at year nine peer educators who will deliver their education session to year eight students. Peer educators will be selected based on their involvement with the student population, leadership skills and interest in this program. Training for peer educators will commence in term three.

Be Yourself will follow the stages shown below:



This interactive model promotes leadership, peer support and active learning.

What now?

For more information contact Michelle at Bayside City Council's Youth Services on (03) 9599 4622 or email youthservices@bayside.vic.gov.au.

