

Parenting Toddlers Confidently

What is Parenting toddlers confidently?

A group for caregivers and parents of toddlers aged from 18 months to three years of age.

Set of four educational sessions discussing toddler parenting, toddler development and behaviour management. Positive parenting principles are used to tackle normal behaviours such as tantrums, hurting others and wandering away. Strategies are discussed for practical issues such as eating, sleeping and toilet training.

Please arrange for your toddlers to be minded so that you are free to enjoy the sessions.

Have fun and meet new friends.

Where: Brighton Maternal and Child Health Centre
145A Cochrane Street, Brighton

When: Starts first Thursday of the month.
Thursday mornings
10.30am to 12noon

Cost: Gold coin donation weekly

Bookings are essential

Contact: MCH Administration **Phone :** 9599 4755
Janet Little **Phone :** 9523 1755

