

Walkers will experience the simple delight of rambling down an old country lane, right in the heart of Melbourne's premier golfing district. This trail combines the golf courses of Royal Melbourne and Sandringham with the bush and country atmosphere of several natural heathlands and reserves. You will feel miles away as you escape the hustle and bustle of the City and enter a new world of open spaces, rolling greens and bushland reserves. If you have the time and energy, the heathland walk is an extension of the trail and features a variety of species of indigenous plants and wildlife.



Benefits of Walking

Social – builds friendships when you walk and talk with a friend

Physical – strengthens bones, reduces risk of cardiovascular disease and reduces body fat

Psychological – helps us relax, aids concentration and promotes “well-being”

Educational – learn about the heritage and environment of this beautiful area.

Remember to

- Avoid walking immediately after meals
- Wear light, loose, comfortable clothing and comfortable flat sole shoes
- Avoid the hottest part of the day and always wear a hat and apply sunscreen
- Slow down or take a break if you become breathless or feel discomfort
- Don't walk when you are feeling ill
- Try to make time for gentle stretching exercises before and after you walk
- Be visible by wearing light coloured clothing when walking in the dark
- Drink liquids before, during and after walking
- “Walk with Care” especially when crossing roads. Look, listen and think!

Walking in Bayside

The City of Bayside has produced a series of brochures to encourage people to walk and gain the benefits of a healthy lifestyle while experiencing the sights and beauty of Bayside.

Thank you to the Sandringham Historical Society and Friends of George Street Reserve for their contribution.



Corporate Centre
PO Box 27 Royal Avenue
Sandringham Victoria 3191
Phone: 9599 4444 Fax: 9598 4474

www.bayside.vic.gov.au
enquiries@bayside.vic.gov.au

Hours of business 8.30am - 5.00pm
Monday - Friday (except public holidays)



GOLF LINKS LANE WALK BLACK ROCK & CHELTENHAM

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|-------------------|---|
| Time | 1 hour |
| Distance | 4.3 kilometres |
| Difficulty | moderate |
| Seats | Tulip Street Lake, Tulip Street Reserve and Sandringham Family Leisure Centre |

Melway Reference 77 A12 & 86 A1

Bus Routes - 600, 823, 825

Wheelchair access - Accessible entire trail, gravel paths along Cheltenham and Reserve Road

Parking - Tulip Street Reserve



Walk

Trail directions

Golf Links Lane Walk - Black Rock and Cheltenham

This trail commences in the carpark of the Tulip Street Reserve and takes us through several of the back streets of Sandringham, Cheltenham and Black Rock.

- 1 F.G. Tricks Reserve is named after the longest serving Town Clerk of the former City of Sandringham. Mr Tricks was Town Clerk for 33 years. Enjoy the native trees, shrubs and bird life before you turn left into McKay Ave and walk past the Black Rock Bowls and Tennis Club. Walk through the end of the street into the connecting street called St Andrews Court and along to Cheltenham Road where you cross to the south side of the road.
- 2 The absolute highlight of this trail is a stroll down Cheltenham Road. As you walk the gravel path you will feel as though you have been transported a million miles away to a country lane. The large trees and bushes that line the roadway add to the ambience and authenticity. The local community planted many of the trees and shrubs along this road.

Cheltenham Road is not only filled with trees, but is also surrounded by the open space provided by two of Victoria's premier golf courses. Royal Melbourne is a private golf course which was founded in 1891 and relocated to its current site in 1931. The golf club has hosted such prestigious tournaments as the Australian Open and the Presidents Cup. The Sandringham Golf Course is a public course which was founded in 1937 by Sandringham Council in Royal Avenue, but later moved to its existing site in 1946 and expanded to 18 holes in 1955.

- 3 Continue walking the trail until you reach the park on the corner of Tulip Street. The Tulip Street lake or pond is located on the corner of Tulip Street and Reserve Road. The lake provides a bush setting far from the hustle and bustle of the city. Native plant life and glorious gum trees provide plenty of atmosphere and calm in this peaceful location. Why not take the time to rest beside the lake and take advantage of the public amenities available.
- 4 Sandringham Family Leisure Centre is located on your left. This is a great spot to stop for a rest and refreshment break. Of course, if you have the energy, the leisure centre boasts a swimming pool, gymnasium and plenty of activities for people of all ages. Why not ask the friendly staff for details about

activities to suit your needs! Looking across Tulip Street you will notice the Tulip Street Tennis Centre. The Sandringham "drive in theatre" was once located beside the tennis centre.

- 5 As we near the conclusion of this trail, continue walking along Tulip Street until you reach the Tulip Street Reserve. The Reserve is home to many a sporting activity, including lawn bowls, baseball, soccer and cricket. Take the time to enjoy this lovely location before heading home for a well-earned rest.

For those who are feeling especially adventurous, why not extend your walk through the natural bushland environment of the George Street Heathland. Refer to the heathland brochure for directions and more details.

