

Useful contact numbers

Alcohol & Drug Service	Women's Alcohol & Drug Service (Royal Women's Hospital) www.rwh.org.au/wads	264 Cardigan Street CARLTON VIC 3053 Womens.ads@rwh.org.au	9344 3631 1800 888 236
Alcohol & Drug Service	Taskforce Drug & Alcohol Service General Counselling, eg community health centers, intellectual disability –		1300 131 079 0532 0811
Asthma:	Asthma Foundation of Victoria Helpline:	www.asthma.org.au	1800 645 130
Attention Deficit Hyperactivity Disorder Victoria		PO Box 417 BAYSWATER VIC 3185	9890 2144 1800 233 842
Australian Breastfeeding Association:	Breastfeeding helpline: breast pump hire coordinator:	www.breastfeeding.asn.au	9885 0653 9770 2770
Baysis			9555 6560
Bentleigh Bayside Community Health Service	Sandringham	55 A Edward Street SANDRINGHAM VIC 3191 Info@bbchs.org.au www.bbchs.org.au	Tel: 95982808 Fax: 95982450
Child Care Support	Southern Child Care Support Team	PO Box 3039 FRANKSTON EAST VIC 3039 sccst@satlink.com.au	9770 2530
Community Information Services.	Baysis	12 Katoomba Street HAMPTON EAST VIC 3188 104 Bay Street BRIGHTON VIC 3186 Abbott & Station Streets SANDRINGHAM VIC 3191	9555 6560 9596 7283 9598 0422
Community Centres	Hampton Community Centre	14 Willis Street HAMPTON VIC 3188	9598 2977
Counselling And Support Services	Bentleigh/Bayside Community Health Centre:		9575 5366
Counselling And Support Services	Centrelink:		132 850
Counselling And Support Services	Community Information Brighton Line:		9506 7283
Counselling And Support Services	Community Information Sandringham:Food Vouchers		9598 0422
Counselling And Support Services	Family Mediation Centre	Level 4/1001 Nepean Highway MOORABBIN VIC 3189	9532 1316
Counselling And Support Services	Financial Counselling Service Southern Inc		9557 1344.
Counselling And Support Services	Hanover House: Short-Term Housing.		9532 2780
Counselling And Support Services	Lifeworks:Professional Counselling And Education (Fees Based On Income).	19-21 St Andrews Street BRIGHTON VIC 3187	9654 7360.
Counselling And Support Services	·Programs for Parents·Anger Management for Women·Acting Assertively· Men's Behaviour Change Program· Travelling Together· Letting Go and Moving On· Group Programs·Marriage & Relationships Programs for Couples	Level 5, 227 Collins Street MELBOURNE VIC 3000	9654 7360

Counselling And Support Services	Family Life: · Bayside Prevention Program.· Family In home Support Program.· Youth Services Program (Under 25 Years Of Age). Counselling Support And Accommodation Service	197 Bluff Road. SANDRINGHAM VIC 3191	85995433
Counselling And Support Services	Stateside Women's Community Housing Service: Short-Term Housing		9387 1028
Counselling And Support Services	St. Kilda Community Legal Service:		9534 0777
Counselling And Support Services	Hampton Community Centre: Low Cost Counselling		9598 2977
Counselling And Support Services	Sandybeach Centre: Low Cost Counselling		9598 2155
Counselling And Support Services	Lifeworks – Promoting Positive Relationships	Level 5, 227 Collins Street MELBOURNE VIC 3000	9654 7360
Counselling And Support Services:	Baysis: Food Vouchers		9555 6560
Counselling And Support Services:	Julie Murphy	Prahran and City	0425 816 317
Crime	Victims Support Agency – Dept of Justice	1/136 Exhibition Street GPO Box 4349QQ MELBOURNE VIC 3001	1300 659 419 helpline 1800 819 817 freecall, country
Crisis Centre – Support for Women	The Salvation Army	942 Nepean Highway MOORABBIN VIC 3189	8567 3030
Dental Hospital			9341 0222
Dental Public Dental Services	Bentleigh Bayside Community Health Service	Gardeners Road EAST BENTLEIGH VIC 3165	9575 5366
Dental Public Dental Services	Central Bayside Community Health Service	335-337 Nepean Highway PARKDALE VIC 3195	8587 0350
Dental Public Dental Services	Greater Dandenong Community Health Service Kingston Dental Clinic	Warrigal Road CHELTENHAM VIC 3192	9265 1294
Depression & Anxiety	Heather Crookart – GP/Psychotherapy		9551 3167 0412 475 145
Diabetes	Diabetes Institute	250 Kooyong Road CAULFIELD VIC 3162	9258 5050
Domestic Agencies	Abacadabra – Brighton Domestic Agencies	33 Florence Street BRIGHTON VIC 3186	9592 5161
Drug Information Line:	Monash Medical Centre: - Rodney White		9594 2361
Early Childhood development/Disabilities	Early Childhood Intervention Services		1300 720 151
Elwyn Morey Centre	Monash University Clayton Campus		PH 9905 2887
EARLY PARENTING CENTRES	Tweddle Child and Family Health Service	FOOTSCRAY	9689 1577
Residential and day stay programs focusing on supporting parents to manage problems associated with feeding, sleep, settling, behaviour issues and depression.	Queen Elizabeth Centre	NOBLE PARK	9549 2777
	O'Connell Family Centre,:	CANTERBURY	9882 2326
Family Life		Bluff Road SANDRINGHAM VIC 3191	8599 5433
Family Planning Victoria	Central Bayside Community Health Service Nurse Lucille Crisp	335 Nepean Highway PARKDALE VIC 3195	8587 0200

Family Planning Victoria	Monash Family Planning	Suite 4/252 Clayton Road CLAYTON VIC 3167	9544 9902
Family violence	"identifying and responding to family violence :A guide for general practitioners, southern region, services for public clients [pink document] available	www.vccav.vic.gov.au	
Gifted Children	Bayside Gifted Services Directory – Rachel Taylor	rataylo@bigpond.net.au	0408 438 677
Hearing	Victorian Infant Hearing Screening Program Centre for Community Child Health	Royal Children's Hospital, Flemington Road, Parkville vihs@cryptic.rch.unimelb.edu.au	9345 5935
Hearing	Monash Medical Centre – Audiology Department Paediatric Loss Investigation Clinic (PHLIC)	246 CLAYTON ROAD CLAYTON VIC 3167	9594 2428
Hearing	Australian Hearing Services Cheltenham Paediatric Services (Audiology)	26-28 Station Street CHELTENHAM VIC 3192	13 17 97 9583 3822
Hospitals	Cabrini		9508 1222 9508 1260 SCN
Hospitals	Frances Perry House		9221 5000
Hospitals	Freemasons		9438 3833
Hospitals	Masada		90381300
Hospitals	Mercy		8458 4444
Hospitals	Monash Medical Centre		9544 9444
Hospitals	Jessie Mac		9594 2777
Hospitals	Sandringham		9921 1000 9921 1234 MID
Hospitals	South Eastern Private		9549 6555
Hospitals	Royal Women's		9344 2000
Hospitals	St Vincents		94117111
EMERGENCY HOUSING	Hanover Housing Statewide Women's Community Housing Service		9532 2780 : 9387 1033
Life Saving Victoria	mail@lifesavingvictoria.com.au www.lifesavingvictoria.com.au	43 Dalgety Street OAKLEIGH VIC 3166	9567 0000
Men & Relationship Counselling (MRC)	Director: James Hands www.menandrelationships.com.au Marketing: BAT DESIGN (Tanya Keam-Creative Director)	1A/10 Small Street HAMPTON VIC 3188 PO BOX 6115 KARRINGAL VIC 3199	0402 039 263 1300 884 522 Fax: 9502 3763 0412 417 046 8707 0768 B Fax: 8707 0764
Mental Health	The Alfred CAMHS Infant Program	2 nd floor, 999 Nepean Highway MOORABBIN VIC 3189	8552 0555
Mental Health	Southern Community Mental Health Centre (CMHC) Clayton CMHC		9556 5200 8541 6333 1300 369012 AH
Mental Health	Child & Adolescent Mental Health Services (CAMHS) Alfred CAMHS	Monash Medical Centre Bayside & Glen Eira	9594 1300 9526 4400 1300 363746 AH
Mental Health	Psycho-geriatric Assessment Team (PGATS)	Kingston Centre	9265 1750 1300 369012 AH
Mental Health	Emergency Psychiatric Service (& after hours)		1300 369 012
Mental Health	Southern Metropolitan Addiction Consultancy Clinic		9525 7399

Midwife	Kaala Koori Association	PO Box 244 CRIB POINT VIC 3919	0407 092 878
Australian Multiple Birth Association			9513 2050
Obstetric Drug Line	Rodney Whyte – Monash medical Centre		9594 2361
Obstetric Drug Line	Royal Children's		9345 5208
Parenting	Parentzone – Anglicare Victoria	Frankston Family Services 51 Playne Street, FRANKSTON 3199	9783 4888
Post and Ante Natal Support Association (PaNDa)	PaNDA offers support, information and referral through telephone support and counselling. They also have information about support groups		9428 4600
Parenting Information		www.raisingchildrennetwork.net.au	
Play groups	Mums Club Alison Payne	mumclub.com.au	
Playhouse	Hampton Children's Playhouse Inc	12 Willis Street HAMPTON VIC 3188	9598 0729
Playhouse	Beaumaris Children's Playhouse (birth to 5 years)	24 Grandview Avenue BEAUMARIS VIC 3193	9589 0566
Positive Parenting	Victorian Parenting Centre	FACT SHEETS	9587 0333 FAX 9587 0390
Pre-School	Connections – Early Childhood Services Team	19 Gordon Street BEAUMARIS NORTH VIC 3193	9584 4884
Relationships Australia Victorian network	KEW Telephone counselling by appointment		9261 8700 1800 817 569
Royal Children's Hospital			9345 5522
Royal Children's Hospital	Ambulatory paediatrics and Hearing Screening		9345 5934