

This is a walk with a difference! You choose your options and you choose your path. There is no specific walking trail to follow, however you will enjoy the freedom to explore three closely linked parks. Sometimes the real enjoyment of walking is forging your own path and following your own interests. This trail gives you the flexibility to explore natural bushland environments, while admiring the views across the fairways, ovals or houses and experiencing the wind whispering through the trees. The Cheltenham Pioneer Cemetery provides an interesting setting to discover local history, while the surrounding open space of the Cheltenham Golf Club helps you feel miles away. A walking trail not to be missed!



Benefits of Walking

Social – builds friendships when you walk and talk with a friend

Physical – strengthens bones, reduces risk of cardiovascular disease and reduces body fat

Psychological – helps us relax, aids concentration and promotes “well-being”

Educational – learn about the heritage and environment of this beautiful area.

Remember to

- Avoid walking immediately after meals
- Wear light, loose, comfortable clothing and comfortable flat sole shoes
- Avoid the hottest part of the day and always wear a hat and apply sunscreen
- Slow down or take a break if you become breathless or feel discomfort
- Don't walk when you are feeling ill
- Try to make time for gentle stretching exercises before and after you walk
- Be visible by wearing light coloured clothing when walking in the dark
- Drink liquids before, during and after walking
- “Walk with Care” especially when crossing roads. Look, listen and think!

Walking in Bayside

The City of Bayside has produced a series of brochures to encourage people to walk and gain the benefits of a healthy lifestyle while experiencing the sights and beauty of Bayside.

Thank you to the Cheltenham RSL and Cheltenham Cemetery Trust for their contribution.



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Hours of business 8.30am - 5.00pm
Monday - Friday (except public holidays)



WHISPERS AND VISTAS, CHELTENHAM



Time	40 minutes
Distance	3 kilometres or shorter
Difficulty	varies between easy and hard
Seats	Cheltenham Park, Cheltenham Recreation Reserve and Shipston Reserve

Melway Reference 86 G1 H1

Bus Routes - 600, 821, 822, 811, 812

Wheelchair access - many dirt tracks, grassed ovals and rough in places

Parking - Park Road, Cheltenham Park

Railway Station - Cheltenham



Walk

Trail directions

Whispers and Vistas - Cheltenham

- 1 Cheltenham Park was set aside in 1951 as an Australian botanical park. In 1963 the site was gazetted for a public park by order of Council. This is a wonderful park to start your walk. You can enjoy a barbecue, take the children to play or simply relax in the shade of magnificent red gums and wattles. Allow time to walk around the perimeter of the park and admire the ovals from varying angles. Cheltenham Park is a popular place for dogs! Your dog can be exercised off leash in most areas of the parkland, with the exception of the playground, BBQ areas, flora and fauna reserve or ovals while sport is being played. Please ensure you still provide effective control of your dog while it is off leash.
- 2 Do not miss the open terraced space where the Returned Service League used to celebrate Anzac day. This open space was originally a tennis court, however when the Nepean Highway was widened in the 1950s, the war monuments on the highway were shifted to this location. There were five monuments located on the site commemorating the Boer War, World War 1 and World War 2. These monuments were shifted to the Cheltenham RSL in 1999.
- 3 In the Native Flora and Fauna Reserve there are several bushland tracks to explore and many species of natural flora and fauna to be discovered. While you may not always know where the path may lead, you can rest assured that you will never be too far from the road or several landmarks. An interpretative sign on the corner of Park Road and the station carpark explains the significance of the natural vegetation and birds, bats, lizards and insects found in the reserve. Note the abundance of banksia trees.
- 4 After exploring the Native Flora and Fauna Reserve, walk along the rear of the cemetery. During this stretch of the walk, you are located on one of the highest points of the surrounding district. You can see across the fairways of the surrounding Cheltenham

Golf Course and hear the whispering wind in the trees! Continue on along the fence line past the Cheltenham Primary School and Glebe Avenue into the Cheltenham Recreation Reserve.

- 5 In Cheltenham Recreation Reserve, follow the Golf Course fence and turn into Weatherall Road and then Victor Avenue. There are no footpaths along Victor Avenue, so you will need to walk along the road. Be sure to take care of traffic entering and leaving Cheltenham Golf Course.
- 6 Shipston Reserve offers a variety of sporting activities and is a great place to walk dogs, although they must remain on leash. There is a shortcut through the Golf Course fairway back to Glebe Avenue. However, the shortcut does mean taking the risk of being hit by a golf ball or two, so it is advisable to return to Cheltenham Park via Crawford Street, Weatherall Road and the Cheltenham Recreation Reserve.
- 7 Once you reach the Cheltenham Recreation Reserve, why not follow the trail down Glebe Avenue to the Cheltenham Pioneer Cemetery and discover local history of the area. The first burial at the cemetery was recorded in 1865 and the cemetery still has burials for those people who pre-booked plots many years ago. A large number of early settlers in the area and local families have been buried here, including the Marriott and Le Page family members. Records show that 27 people by the name of Tuck are buried in the cemetery, seven of whom were young children. Just inside the gate is a memorial to the people buried in the Beaumaris Cemetery in Balcombe Road.

Cheltenham Park is a great place to have a barbecue and relax in the natural bushland haven. If you would prefer, there are several shops located across the railway line where you can reward yourself with a refreshment or two!

