

Enfield Community CC



Working with Communities

Good Sports



Presenter: Alex Gair
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Taking the piss
out of beer.

0.0% ALCOHOL. REWRITE THE RULES.



WHY OUR WORK MATTERS

Cost to the community from alcohol-related harm: **\$66.8 billion**

Cost of drug-related harm: **\$8.2 billion**

All of this is preventable

Every year in Australia:

4,186+ people die from alcohol-related injuries, illness and accidents¹

75,511 people are hospitalised due to alcohol²

2,227 people die from drug-induced deaths³

More people die from drug overdoses, including from pharmaceuticals, than die on the roads³

The cost to the community from alcohol-related harm is estimated to be around **\$66.8 billion⁴**

For illegal drugs it exceeds **\$8.2 billion⁵**

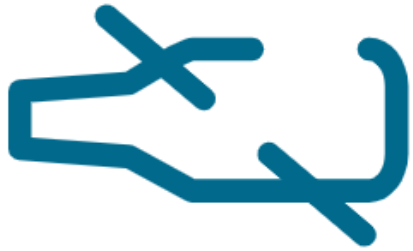
References

1. Australian Bureau of Statistics. Deaths Due to Harmful Alcohol Consumption in Australia 2018 [updated 24 September 2019; cited 2020 June 25]. <https://www.abs.gov.au/auststats/abs@.nsf/Lookup/by%20Subject/3303.0-2017-Main%20Features-Deaths%20due%20to%20harmful%20alcohol%20consumption%20in%20Australia-4>
2. Australian Institute of Health and Welfare. Alcohol, tobacco & other drugs in Australia 2021 [updated 15 December 2021; cited 2022 March 17]. <https://www.aihw.gov.au/reports/alcohol/alcohol-tobacco-other-drugs-australia/contents/impacts/health-impacts#injury>
3. Penington Institute. Australia's Annual Overdose Report 2021. Melbourne: Penington Institute; 2021.
4. Whetton S, Tait R, Gilmore W, Dey T, Agramunt S, Abdul Halim S, et al. Examining the Social and Economic Costs of Alcohol Use in Australia: 2017/18. National Drug Research Institute, Curtin University; 2021.
5. Collins D, Lapsley, H. The Costs of Tobacco, Alcohol and Illicit Drug Abuse to Australian Society in 2004/05. Canberra: Australian Government Department of Health and Ageing; 2008.

Making our mark



Good Sports evaluation shows:



42%
DECREASE
in alcohol-related
incidents



37%
DECREASE
in risky drinking

References

Kingsland M, Wolfenden L, Tindall J, Rowland BC, Lecathelinais C, Gillham KE, Dodds P, Sidey MN, Rogerson JC, McElduff P, Crundall I. Tackling risky alcohol consumption in sport: a cluster randomised controlled trial of an alcohol management intervention with community football clubs. *J Epidemiol Community Health*. 2015 Oct 1;69(10):993-9.

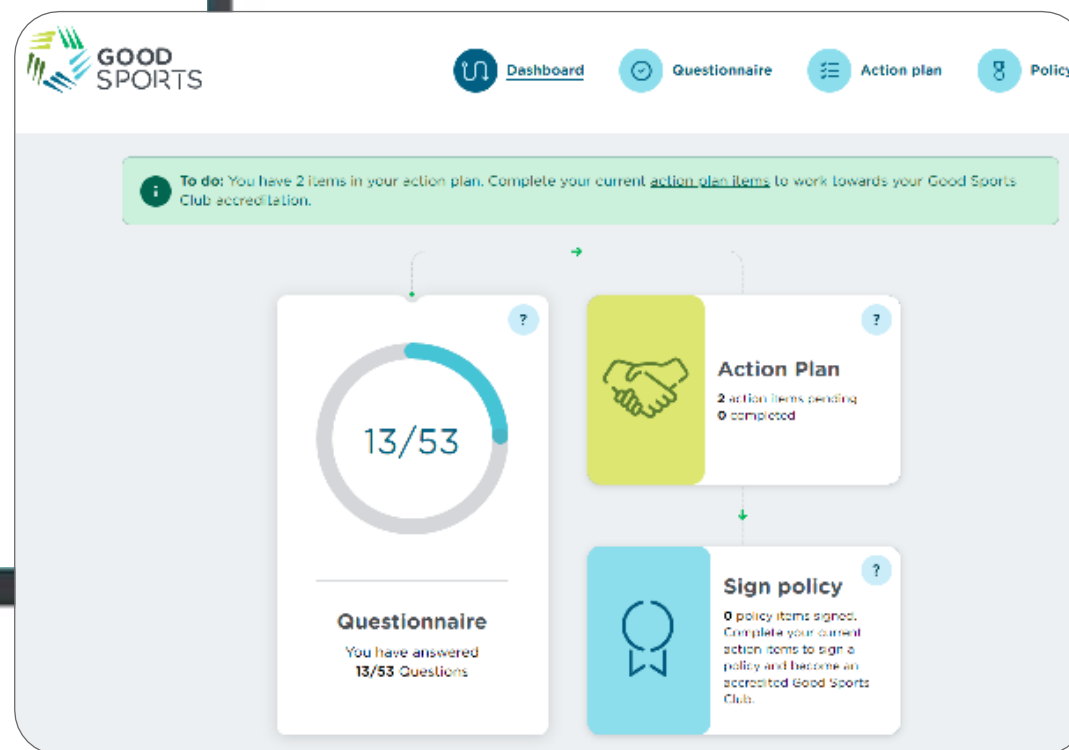
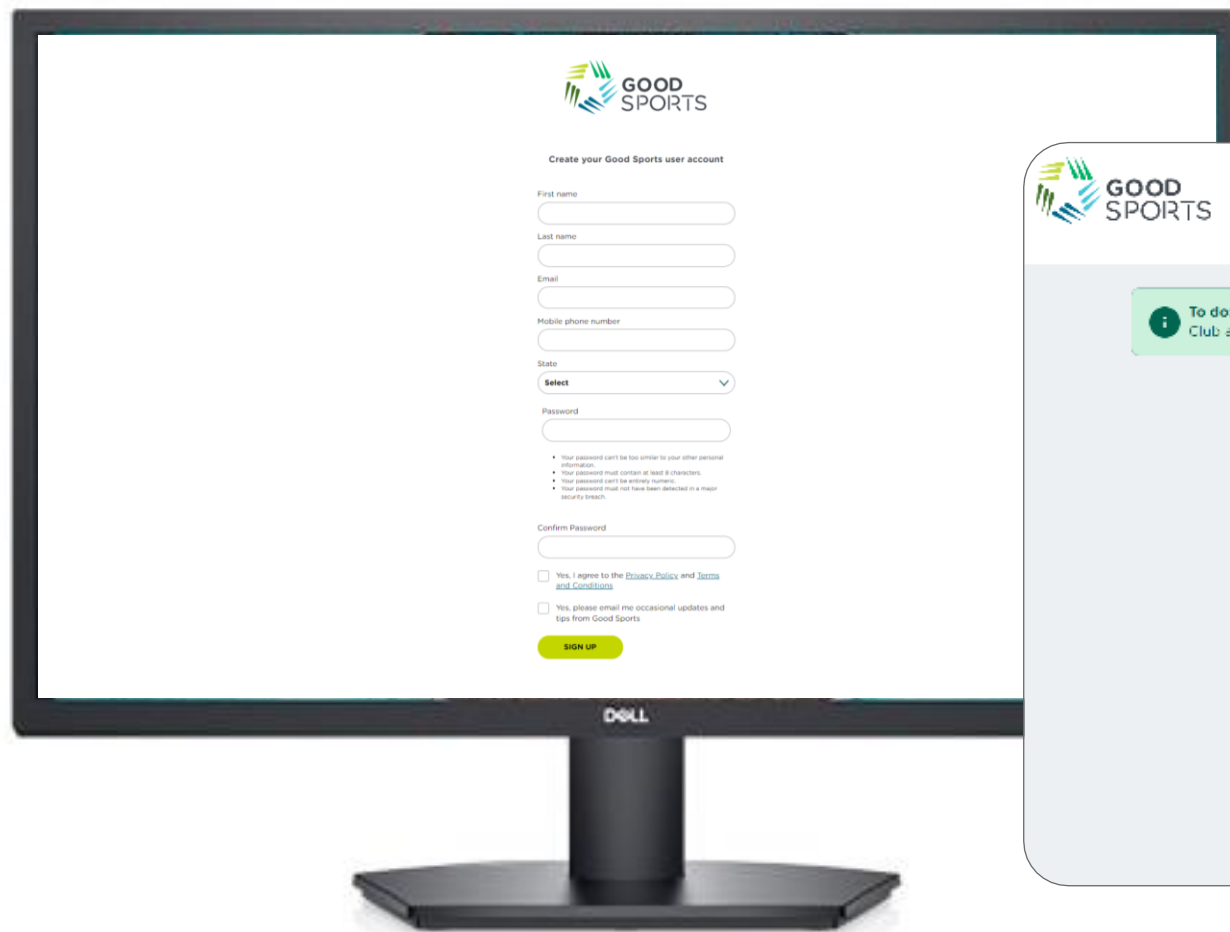
Building positive club cultures



- Prevent and reduce alcohol-related harms
- Encourage a healthy, smoke-free environment
- Support mental health
- Set clear expectations around illegal drugs
- Make sure everyone gets home safely
- Role-model healthy behaviours for younger members



Becoming an accredited Good Sports club

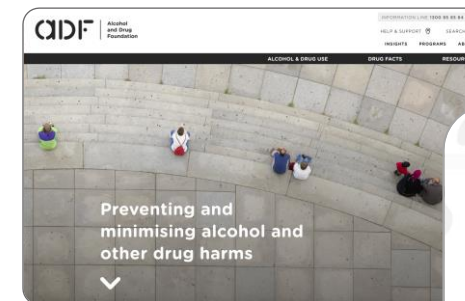
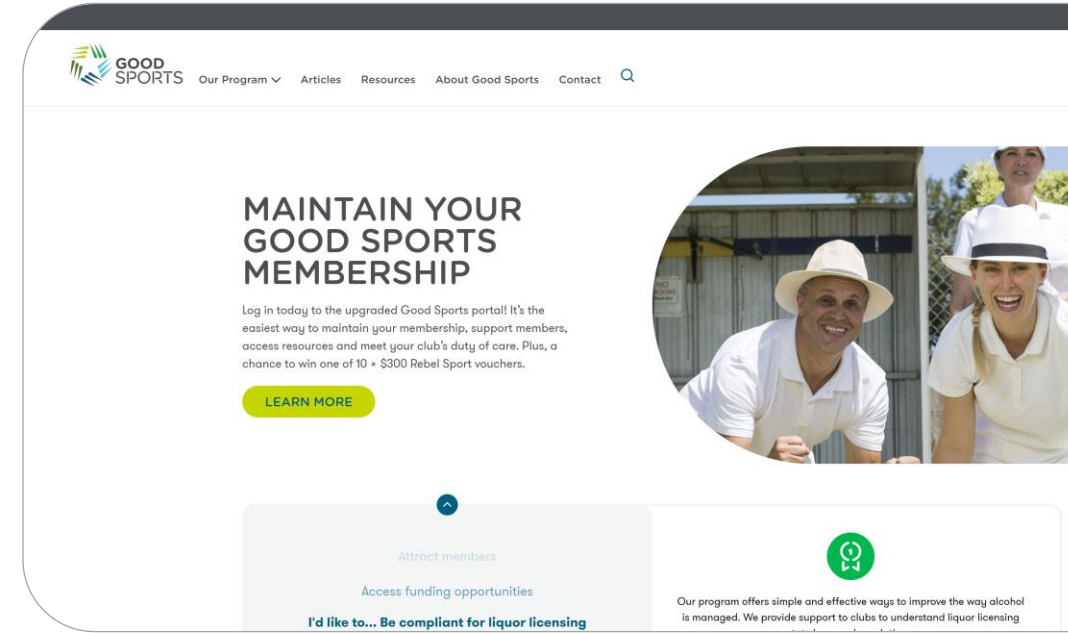


Next steps

Become a Good Sports Club – register at **goodsports.com.au**

Tap into the ADF's other resources:

- Visit **adf.org.au** or **community.adf.org.au**
- Subscribe to our e-newsletter
- Contact details, phone numbers, program details all on website
- Resources available from ADF's online shop: **shop.adf.org.au**





ADDF

**Alcohol
and Drug
Foundation**