



**CONNECTIONS**  
Art & Dementia Program

A series of once-weekly sessions across four consecutive weeks.  
Sessions run on Wednesdays or Thursdays between 10:30 – 11:30am

**BOOKINGS:** Please call 03 92617111 or email [thegallery@bayside.vic.gov.au](mailto:thegallery@bayside.vic.gov.au)  
to discuss your particular requirements.

*Connections* is a free activity for people living with dementia in residential facilities and their carers. Through discussion based tours of artwork, the program aims to improve well-being and connect participants in a shared activity through interpretation, memories and personal insights.

The program is run by trained gallery facilitators in a welcoming and fully accessible environment.

## THE CONNECTIONS PROGRAM PROVIDES THE OPPORTUNITY FOR PEOPLE LIVING WITH DEMENTIA TO:

- Reconnect with their community by extending social networks.
- Participate in a meaningful activity that fosters personal growth in an environment where their intellect is respected and valued.
- Improve quality of life through a re-established sense of self by connecting with memories, insights and experiences.
- Support people living with dementia and their carers to develop new ways of communicating through mutual enjoyment and companionship.
- Explore and exchange ideas about art and artists.

The program is open to people living with dementia in residential care facilities, who regularly attend across a series of four weekly tours alongside gallery staff.

**N.B. Carers must be present at all times.**



### Venue

Bayside Arts & Cultural Centre  
Brighton Town Hall  
Corner Carpenter & Wilson Streets  
Brighton VIC 3186  
Entrance on Wilson Street

### Opening hours

Free entry  
Wednesday - Friday 11am-5pm  
Saturday & Sunday 1pm-5pm

### Enquiries

P: 03 9261 7111  
E: [thegallery@bayside.vic.gov.au](mailto:thegallery@bayside.vic.gov.au)