

Bayside City Council

How are we doing in Bayside?

Wellbeing for All Ages and Abilities Strategy 2017-2021



We are mostly very healthy...

LIFE EXPECTANCY

84

87

HIGHER THAN THE VICTORIAN AVERAGE

YOUTH RESILIENCE

Young people in Bayside;

Feel safe and secure 91%
88% NATIONAL AVERAGE

Adult role model 86%
81% NATIONAL AVERAGE

Socially responsible 93%
88% NATIONAL AVERAGE

Keep fit 79%
70% NATIONAL AVERAGE

HEALTH



Low smoking rates

10.3%
FEMALE
15.4%
MALE



1.7 serves per day
VICTORIAN AVERAGE 1.6



2.5 serves per day
VICTORIAN AVERAGE OF 2.2

OVER **1/2**

of people in Bayside exercise more than 4 times a week.
HIGHER THAN THE VICTORIAN AVERAGE



High screening rates for breast cancer, cervical cancer and bowel cancer.

But did you know...

WEALTH

Bayside is one of the wealthiest municipalities.

A large proportion of households earn over the weekly Victorian average.

GOVERNMENT SUBSIDIES

7,800+

Bayside residents use an age pension concession card.

1,232

Public housing properties.



Just under 3,000 residents have healthcare cards

OUR POPULATION

3.6% BAYSIDE **1.6%** MELBOURNE



High percentage of frail aged persons.



High proportion of families with secondary school aged children.



High proportion of retirees pre retirees.

We know that we need to work on...

SOCIAL RESPONSIBILITY

Areas of concern for Bayside youth:

Worry 31%
33% NATIONAL AVERAGE

Stress 33%
33% NATIONAL AVERAGE

Lack of purpose 33%
33% NATIONAL AVERAGE

Sleep deprived 31%
39% NATIONAL AVERAGE

Late night texting 49%
45% NATIONAL AVERAGE

Eating disorders 6.6%
2.5% VICTORIAN AVERAGE

AT RISK

Increase in the number of reported cases of family violence.



40.2%

Residents are at risk of short-term harm from alcohol.

VICTORIAN ESTIMATE 29.4%

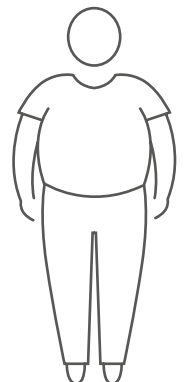
ACTIVE CONCERNS

42.3% Residents in Bayside considered overweight (pre obese) or obese.

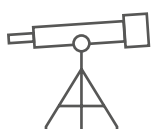
57.1% Bayside males ranked number 1 for being overweight (pre obese) among local government areas in Victoria.

39.8% of residents sit for at least 7 hours per day.

HIGHER THAN THE VICTORIAN AVERAGE



With an ageing population there is an increase in mobility and disability issues.



Future issues

Diabetes Dementia Ageing population