



Bayside City Council

Wellbeing for All Ages and Abilities Strategy 2017-2021

Year 2 Highlights (July 2018 – October 2019)

Goal 1: An engaged and supportive community

An engaged and supportive community allows people from all ages and abilities access to services and resources that enhance their wellbeing and enable them to live fulfilling lives. Goal 1 has objectives to: improve mental health and resilience; support opportunities that build social networks and community connections; strengthen volunteerism; and improve access to affordable, appropriate and inclusive services.

Over the last 15 months the following highlights have been completed towards achieving Goal 1.

Increased the reach of BaysideVolunteering.com to over 1000 users with an average of 41 vacant volunteering opportunities listed every month and 77% of opportunities receiving volunteer applications.



Delivered two Youth Mental Health First Aid courses to 40 participants, in response to challenges identified by more than 5,000 young people in Bayside through the annual Youth Resilience Survey.



Established a partnership between schools and Council's social support program to provide a socialisation opportunity between 15 students and 15 older residents.



The Reconciliation Action Plan was endorsed following a community engagement event with over 80 community members attending.



Information forum provided for 42 unpaid carers that supported their wellbeing and increased knowledge of available services.



Delivered the "Bayside Says No to Bullying" event with 100 participants at the forum and 150 attending the games day.



My Name Is Project increased awareness of homelessness and social inclusion with over 100 of attendees at a launch event and an overall media reach of over 3.7 million.



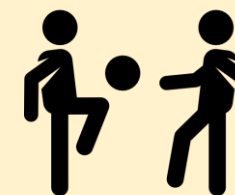
Doubled the number of individuals and families receiving Financial Hardship grants to provide increasing access to services and programs.



Receipt of a \$1.6 million Victorian State Government grant towards the development of an Integrated Children's Centre in Fern St, Black Rock, due to be complete in 2021.



Supported 14 cultural diversity and inclusion programs and events through community grants scheme.



Goal 2: A healthy and active community

Eating well and being physically active is important to maintain and protect the longevity of good health and wellbeing. Goal 2 has objectives to: increase physical activity opportunities; increase healthy eating; and increase participation in health assessments and self-care.

Over the last 15 months the following highlights have been completed towards achieving Goal 2.

Funded \$49,000 across 14 community organisations to improve inclusion and access for people with disabilities.



Supported Brighton Soccer Club to deliver the Healthy Eating Nudge Trial, increasing the availability and sale of healthier food and drink options.



Partnered with local neighbourhood houses and community organisations to host an R U OK? Day expo encouraging residents to connect with their local community.

RUOK?[™]

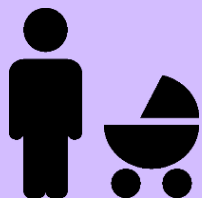
Report presented to Council outlining research findings highlighting a range of support for a hydrotherapy service for Bayside residents exists.



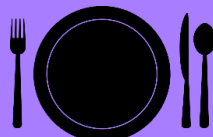
International Women's Day event for 180 residents which focused on physical activity opportunities and the promotion of women in sport.



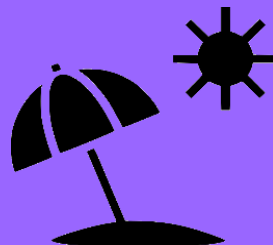
Participation rates of Indigenous and Torres Strait Islander families in the Maternal and Child Health Service increased to 89%.



Hosted the first Dunkley Fox Estate Community Dinner with 30 adults and 12 children actively participating in all aspects of planning and delivery of the event.



Beach access for all abilities achieved at Half Moon Bay and Hampton beaches.



8 member Community Reference Group formed for the Thomas Street All Abilities and Ages Playground redevelopment.



Educational videos developed to promote the benefits of breastfeeding and available community support.

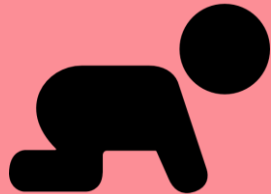


Goal 3: Safe and sustainable environments

A safe environment where people can live, work and play has a direct impact on the community's physical, social and emotional wellbeing. Goal 3 has objectives to: reduce family violence; reduce consumption of alcohol and other drugs; improve community safety; improve environmental sustainability; and improve community resilience to extreme weather events.

Over the last 15 months the following highlights have been completed towards achieving Goal 3.

Participated in the Nappy Collective by collecting and donating over 2000 nappies to support families in crisis or need.



Completed 1,191 family violence assessments which resulted in 19 counselling sessions, 6 safety plans and 4 referrals being completed.



Received \$83,000 Vic Health grant to deliver an art project highlighting gender inequality "Changes faces: reframing women in local democracy". Portrait week 7-11 October when participants will have their photographs to be displayed in 2020.



Developed webpages for community members with a focus on support services. These currently average 102 views per month.



Sustainability workshop delivered to Boombox Events FReeZA committee regarding the organisation and planning of sustainable events.



Hosted an information forum for older people in partnership with Victoria Police to improve perceptions of safety for 20 older people.



Safe driving program provided for 15 older people to improve confidence and maintain knowledge of road rules.



Provided family violence training to external community members with a focus on support services.

